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**Eau Claire Healthy Communities Action Team Meeting Minutes**

Oral Health Promotion

Thursday October 25th, 2018

Eau Claire City-County Health Department Room G302

**7:30am-9:00am**

Present: Savannah Bergman, Sarah Pedersen, Katie Pospishil, Gina Schemenauer, Deb Schumacher, Tammy Raeder, Lisa Vang and TJ Atkins

1. Introductions and Announcements
  - a. We won a \$25.00 VISA gift card from Children's Alliance of Wisconsin's social media contest. We will decide what we wish to use this for as we move forward with our strategies. Go team!
  - b. Katie has accepted the co-chair position for the action team! She will co-chair with Sarah.
2. Update on Community Health Improvement Plan
  - a. Gina shared the strategies that other action teams are focusing on. Group discussed collaboration with Chronic disease prevention action team.
    - i. **Mental health:** expanding ACES/Resiliency training, QPR (suicide prevention training), social campaigns around screen time/sleep/AODA, cataloging mental health resources and collaborations with other groups.
    - ii. **Chronic disease:** healthy kids meal project, point of decision prompts (screen time, farmers's market, nutrition, water, physical activity), directory of low/nno-cost activities, blue zones aging
    - iii. **Healthy Relationship:** resource toolkit and training, working with youth advocates , community outreach and social campaigns
3. Approval of September 27th, 2018 minutes
  - a. Minutes were approved as written.
4. MCI Grant Funding Balance
  - a. Balance ~\$400 in our account this year from the \$1,500. We have used the money so far for the interprofessional event in February, buying 300 Potter the Otter books and sending coalition members to the Wisconsin Oral Health Conference. Grant will be renewed for \$1500 in April 2019—this is the last year of this 5-year grant.
  - b. Gina noted that there is additional money from the Northwest Dental Association that is sitting in our account to be used for future projects. No timeline on spending for it.
5. Updates from last meeting to-do's
  - a. Library reading times- Sarah DP
    - i. **ACTION:** Will follow up on this at the next meeting – Gina will check with Sarah.
    - ii. **ACTION:** We need a date and time and how many shifts we will need to cover, but once we receive that information Debbie will staff it with students.
      1. Gina will check on dates and times and will email that out to the group.

2. Activities:

- a. Refreshments – infused water during story time?
  - b. Use display of sugar sweetened beverages and post it at the library during this time.
  - c. Potter the Otter books will be given out at the story time – Gina has ordered books (150 dentist and 150 water ones) and they will be here today.
  - iii. **ACTION:** Look into doing story time and a display in February at the Children’s Museum as they do have an oral health area.
  - iv. **ACTION:** Debbie will call Propy perfect and Crest for pricing on pedo toothbrushes to hand out at the story time for a giveaway. Katie will check with FHC for toothbrushes as well for handouts (she thinks she can get ~100).
  - v. Sip all day, get decay handout – Sarah will get this
  - vi. Kids will get to take home a toothbrush and the Potter the Otter book.
  - b. Parish nurses- Sarah P
    - i. Sarah is unable to get a response from her contact. She did email her a few flyers to put up around the church. She will check at church to see if it was completed. Sarah will continue to follow up with the parish nurses.
  - c. Tracking pregnant women referrals- Katie/Debbie
    - i. Dental health referral list – Debbie states that no one has mentioned that they were referred from WIC for treatment at CVTC.
    - ii. Lisa said that some pregnant women from WIC are going to Marshfield Family Health Center Dental clinics (Chippewa) for referrals and follow up. They have a three-day requirement to get any pregnant woman in for an appointment regardless of being in pain or not.
    - iii. **ACTION:** Debbie will look at options at CVTC for getting pregnant women in sooner and possibly having blocks on the schedule for a sooner appointment time/date. She will set up a time for Lisa, Katie, Beth to have a conversation.
  - d. CVTC Student Projects
    - i. Pregnancy Referral List
      - 1. Debbie is working with CVTC students to get this list completed. Debbie is having trouble to get people to respond, but they are making progress and they are checking off the list. Discussed looking at the Forward Health website to see which dentists are included on this list.
    - ii. Reaction to story time/potter the otter- February Dental Health Month
      - 1. Students are very excited!
6. PowerPoint for Healthcare providers- Debbie
- a. **ACTION:** Debbie to pull together information/video for Christie Bowe at Mayo. Christine is wondering what their health educators can use to teach pregnant moms about oral health importance or something to use in maternity classes. Debbie will follow up.

- b. **ACTION:** Gina will print handouts and flyers to give to Mayo – check with CHAW on any videos for pregnant women. Debbie to let Gina know which brochures she would like printed for this.
7. Amish Dental Clinic project
- a. Tammy is waiting to hear back from Northlakes/BrightSmiles to get a clinic going in Augusta. The community is on board with hosting a dental event.
  - b. **ACTION:** Sarah will follow up with Carol. Lisa will check with Tara.
8. Next steps around sugar-sweetened beverages
- a. Talked about this next campaign. Could bring back the school poster competition and education that happened several years ago. Discussed updating it to not only be beverages, but also foods (“healthy foods”) like granola bars, etc. Incorporate foods and amounts of sugar along with beverages.
    - i. Use a baggie with amount of sugar to show how much sugar is present in foods (ex. Granola, oatmeal packages, etc)
    - ii. That sugar film has a 30 day program – we could potentially sign up for this and use the program or print materials from the page. The cost is \$79.
9. Action Team Recruitment
- a. Sarah is trying to recruit Beth Passent to the team. Group reviewed member list and discussed who hasn’t been attending meetings recently and who else should be invited.
  - b. **ACTION:** Sarah will keep following up with the individuals she has asked. Gina will reach out to Laurie Malnory to see who at the school district might be a good fit.
  - c. Savannah suggested having a meeting in January where we invite dental clinics and have breakfast available to see if they have interest to join our action team. We would have to think about how to best invite and what information would be shared at the meeting. This may be a good fit as we will have our activities for dental health month in February ready to share in January.

**10. Sharing of other oral health topics of interest**

**11. Next meetings: Thursday, November 15<sup>th</sup> and Thursday, December 20<sup>th</sup> from 7:30-9am**

\*moved to the 3<sup>rd</sup> Thursday due to the holidays. We will resume the 4<sup>th</sup> Thursday with the new year.

You can find all minutes and agendas on our website located at [www.ehealthycommunities.org](http://www.ehealthycommunities.org).