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## Healthy Relationship Promotion Action Team Meeting

Thursday, October 4th, 11-12:30pm

Eau Claire City-County Health Department

Room G302

### AGENDA

1. Introductions & Updates
  - a. HWLI COACH Program Site Visit
    - i. How to align work with the current news happening.
    - ii. How to engage stakeholders in our community.
    - iii. How to create a training that could be used in multiple formats.
2. Community Health Improvement Plan
  - a. Reviewed minutes from last meeting and goals/objectives.
  - b. Group reviewed strategies discussed at previous meeting. Also look at the types of strategies that were being discussed in the intervention planning matrix from Healthy Wisconsin leadership Institute—whether they were at the program, system, environmental or policy level and the intended audience. Goal is to choose a variety of strategies at all levels to have the greatest impact.
  - c. Strategies Discussion
    - i. Had discussions related to impact of strategies. Groups were given question prompts that asked them to consider the impact, context, community and stakeholders from County Health Rankings. These questions helped narrow which strategies the best fit for our action team are to explore.
    - ii. Group decided to review three health holidays months in advance, reach out to agencies that do work around the topic. Put on the agenda.
    - iii. Action team could do promotion at summer event around social connectedness.
      1. Yoga in the park, farmer's market, YMCA daddy/daughter dance, fireball prom(LGBTQ) Scooter's educational event, the PLUS, partner's club prom (special education),
      2. Have activity at events. Use activities from our toolkit.
      3. Get stand up banner of cdc infographic:  
[https://www.cdc.gov/violenceprevention/pdf/cdc\\_dating\\_matters\\_info\\_graphic\\_051515\\_v10\\_508.pdf](https://www.cdc.gov/violenceprevention/pdf/cdc_dating_matters_info_graphic_051515_v10_508.pdf)
      4. Speak with girl scouts/boy scouts leaders. Healthy Relationship Badge? Be a friend first badge? Get one to do their award project on healthy relationships. Sarah has two contacts in eau Claire.
      5. Get into eau Claire academy for staff training. Nicole is going there for ACEs and resiliency training.
        - a. Abby to check with Brenda to see if they can get Safe Dates into the academy.

- b. Explore to see if there is a way to distribute toolkits as part of ACEs training. Distribute with MH matters ACEs training.
  - 6. SADD training- youth facilitate some of activities from consent is toolkit in the fall
  - 7. Discuss Short term and long-term strategies to explore
    - a. Short-term:
      - i. Make a calendar of events to prioritize outreach at.
      - ii. Explore other venues to facilitate healthy relationship/consent (i.e. boy/girl scouts- healthy relationships badge, SADD training)
      - iii. Complete resource toolkit.
        - 1. Talk through distribution. Utilize partnership with Mental Health Matters ACES/Resiliency trainings to distribute.
      - iv. Create a canned “training” with activities that could be taken to different places and age groups.
      - v. Find youth advocates that are interested to use healthy relationships as their activism or to help implement activities in the schools.
    - b. Long-term:
      - i. End dating violence.
      - ii. Getting into systems.
- d. Discussed stakeholders that need to be engaged to move forward strategies.
  - i. Need to have school more in our discussions.
  - ii. Connection to Joe Luginbill- (Sarah to reach out to Joe and ask)
  - iii. Big Brothers/Big Sisters (Nicole)
  - iv. Boys and Girls Club (Abby)
  - v. DECI/Chippewa Valley Family – social connectedness events (Gina)
  - vi. Fierce Freedom – partner with them on events
  - vii. Bridge to Hope – domestic violence
  - viii. YMCA- Craig (Nicole)
  - ix. Boy Scout/Girl Scouts (Sarah)
  - x. Eau Claire Academy (Annette—Abby to send Annette the contact information)
- e. Action Items
  - i. Invite Girl Scouts to next meeting. YMCA is the backup.
  - ii. Explore LINK students- Emily
  - iii. Explore Sam Davey on why they are approached about curriculum (Annette)
  - iv. Make google doc calendar of potential events – Emily
  - v. Reach out to girl/boy scouts to see what badges they have – Sarah D
  - vi. Continue to see if we can incorporate safe dates in schools and other locations

- vii. Think of activities to put in our packet/look through our toolkit.
- viii. Send out a doodle poll for January 2019 meetings. (Abby)
- ix. Present at coalition for youth (Abby to ask Ellen)

3. CHIP Next Steps

- a. Council- CHIP document will be presented to the Council for final approval in November.

You can find all minutes and agendas on our website located at [www.ehealthycommunities.org](http://www.ehealthycommunities.org).

*Learning Agreements & Team Values*

1. Respectful/open communication and active listening
2. Meetings will start and finish on time
3. Assume good intentions
4. Bring constructive ideas
5. Participate to the fullest of your ability and follow through on action steps
6. Shared leadership
7. Acknowledge that we all bring value to the table
8. Make decisions by consensus

*Awareness Months & Upcoming Events*

- January:** Human Trafficking & Stalking Awareness  
**February:** Teen Dating Violence Prevention Month  
**March:**  
**April:** Sexual Assault Awareness  
**May:**  
**June:**  
**July:**  
**August:**  
**September:**  
**October:** Domestic Violence Awareness  
**November:**  
**December:**