



Healthy Relationship Promotion Action Team Meeting-Minutes

Thursday, August 2nd, 11-12:30pm

Eau Claire City-County Health Department

Room G302

Present: TJ Atkins, Joanna Bernklau, Emily Carlson, Sarah Driever, Abby Hinz, Victoria Larson, Gina Schemenauer, Amanda Schumacher, Sara Thielen, Annette Truitt, and Kelsey Holmquist.

1. Introductions & Updates:

- a. Safe Dates- It is a health education curriculum, which is done in a variety of places from school, Boys and Girls Club, Hmong Mutual. It's 10 sessions long and looks at healthy relationships and how to promote them. There aren't any updates currently. New cohorts will be starting this fall, hopefully Altoona will be one of these sites. We are in year 3 of the 5-year grant for the Positive Youth Development program. There are two other curricula we do such as Hip Teens and Street Smarts, which focus more on sexual health risk reduction. Next month is the annual QI conference for the Positive Youth Development grant. Sarah shared Safe Dates was discussed at the Hmong Community Picnic recently and attendees shared they would like information and education on their bodies for older women as their bodies change. (Abby-Check with Wisconsin Well Woman Program on this and perhaps the ADRC)
 - i. Update- The Wisconsin Well Woman Program (WWWP) only does outreach for their assistance services, they don't do education. Jackie, the local Wisconsin Well Woman Program representative, said she would be willing to talk with folks about the WWWP services.
 - ii. Update- The ADRC doesn't specifically provide services or health promotion classes on the topic of women and aging however they have many other health promotion education services like Strong Bones, Stepping On, Healthy Eating, Arthritis & Walking, Falls Prevention Screening, and Incontinence (hasn't started yet).
- b. HWLI COACH Program Site Visit- Next week is the site visit. On Wednesday August 8th at 9 am to 3:30 pm. It will be here at the Jail Conference room G009. You will need to go into the Jail Lobby and it's on the right. It is open to anyone from the Action team even if they have never attended a session before. We will be doing lunch at the Grand Ave. Café.
- c. Statewide Rape Prevention Education Listening Session- Abby shared there is a Sexual Violence Listening Session in Eau Claire, August 22nd 5pm to 7pm at UW-

EC Davies Center. They are looking to hear more from youth and some adults. There are gas cards available as an incentive for youth to attend. Abby is looking for another adult facilitator to assist with this session. Amanda volunteered to be a facilitator. Abby will send out the flyer with the minutes for this meeting.

- d. Presenting at SADD Training- It is a school-based youth advocacy group. The goal is for them to come out with activism to bring back to their schools. It is attended by youth in the area. It is on Thursday October 25th 8:30 am to 2pm. Abby is looking for a volunteer to present with her. Victoria, Sara, Annette, and Emily volunteered to help Abby with this.

2. Community Health Improvement Plan

- a. Provide Community Health Improvement Plan (CHIP) background- Community Health Assessment was completed in June. The health department partnered with several health care services in the area. This is 1 of 3 meetings to review and discuss for improvement. Even though health focus areas related to our action team were not identified as top priorities, Healthy Communities recognizes the importance of this action team and how it is interconnected with all of the top health priorities (alcohol use, chronic disease/obesity/nutrition, and mental health).
- a. Reviewed current action team plan – current plan goes through 2018. Currently have two goals of increasing community awareness healthy relationships and education on safe dating practices.
- b. Shared State and National Health Priorities – Gina shared overview of state and national health priorities. Both plans have measures related to injury and violence prevention and sexual and reproductive health (<https://www.healthypeople.gov/2020/Leading-Health-Indicators>).
- c. Data Walk
 - i. Group viewed secondary data from Community Health Assessment (CHA). They compared the 2018 CHA data to data from the 2015 CHA. They also reviewed data from the Eau Claire County Youth Behavioral Risk Factor Survey. (What do you observe in the data? What stands out to you? What is surprising? What is getting better? Worse? What might contribute to this? What are the possible reasons for the trends?)
 1. Normalizing Violence
 2. Bias of color not having mentor that look like them
 3. Fear of reporting especially in marginalized populations
 4. Self-identifying as a rape, doesn't happen
 5. Media/Social media, parent works cause increase in teen pregnancy
 6. In High school condom usage is low
 7. People proudly talk about not using condoms
 8. Fall prevention connect to neighbor

9. YRBS Protective factors 62% agree feel belong at school
 10. Have deeper dive data on child (Amanda)
 11. Increase pregnancy rate 15-19 correlate with pregnant women prenatal care
 12. Increase testing correlate to HIV, Chlamydia
 13. Child abuse related to drug [usage]
 14. Neglect data is higher
 15. Broadening healthy relationships to neighbors and renters, closet place to go is neighbor for safety
 16. Child abuse increase reporting lead to increase in data
 17. Anxiety- people bring weapons to school. What would make them feel safer?
 18. People not feeling comfortable seeking services
 19. People afraid to let kids outside. Fear doesn't correlate with reality. Educate where violent crimes occur
 20. Teens taking anxiety medications (who line dates?)
 21. Access greater- 3 healthcare [systems] in one area reason for Increase injury hospitalizations
 22. Rape data is not accurate. Many [go] unreported
 23. Don't leave home
 24. Difference between high school and middle school. Middle schoolers feel more belonging in school.
- ii. Reviewed qualitative data – handouts were given and time to review qualitative data from community health assessment survey. (What themes do you see from the comments?)
1. Reproductive and Sexual Behavior
 - a. STD increase
 - b. Polarized on the topic of Planned Parenthood
 - c. Access to protection and services
 - d. Access to birth control
 - e. Affordable access
 - f. Increased access and funding to reproductive health services
 - g. Education needs to be better
 - h. Appropriate and consistent education/resources**
(**=noted multiple times)
 - i. Difference between rural and urban settings
 2. Injury and Violence
 - a. Aging Population

- b. Victim blaming
 - c. Miseducation of the correlation between substance abuse and violence
 - d. Child abuse
 - e. Family violence
 - f. Lack of community increasing domestic violence
 - g. Many comments related to domestic violence
 - h. Sexual Abuse
 - i. Difference between rural and urban settings
- iii. Discussed health disparities. (Group was given handout on definitions and used the state health plan data to provide additional insight on health disparities.)
- 1. Are there any groups of people more affected by these health issues?
 - a. Youth, Low income, LGBTQ+, Mennonites, Hmong, Somali, Latinx, Victims Input-Male domestic violence victims, Rural residents, Elderly, Women, and Limited education residents
 - 2. What stories about access to care are not captured by the data?
 - a. Rural residents, Hmong, Somali, Latinx, Homeless population, LGBTQ+, College students
- d. Prioritization- of the issues will be done at the HWLI site visit on Wednesday August 8th or others may submit their top priorities via email.

You can find all minutes and agendas on our website located at

www.ehealthycommunities.org.