



Mental Health Action Team Meeting

Tuesday, May 29th, 2018

10:00am-12:00pm

Eau Claire City-County Health Department

Room G302

Present: TJ Atkins (Health Dept), Brook Berg (UW-Extension), Adam Coolidge (UWEC), Dana Greicar (ADRC), Barb Habben (NAMI), Shae Havner-Sierer (DHS), Kelly Lauscher (HSHS-Sacred Heart Hospital), Kaylee Lyons (AmeriCorps), Nicole Rubenzer (United Way), Gina Schemenauer (Health Dept), Brenda Scheurer (MH Matters), Jessica Smith (ADRC/Hoarding Task Force), Tom Wirth (DHS), Nancy Rothwell (Straighten-Up Organizing/Hoarding Task Force), Kathy Riemer (Community Member)

MINUTES

1. Introductions and information sharing

- a. Welcomed visitors from the Hoarding Task Force.
- b. Dana has brought printed updated resource directories. Please let her know if you would like additional copies.

2. Review minutes

- a. Minutes approved as is.

3. Updates

- a. Hoarding Task Force
 - Jessica shared about the Task Force. It has been around since 2015. Statistically, about 5% of people are hoarders, however antidotally about 10% of people are hoarding, fairly prevalent. Is tied to trauma and loss. Is a diagnosable medical condition. Much research happening around hoarding right now. Many agencies and individuals are involved in the Hoarding Task Force, and it's growing. They are working on education and awareness in the community and would like to start support groups. They meet once a month. If you would like to join the group, please let Jessica know. They also shared about a need for professionals interested in hoarding certification.
- b. Community Health Improvement Plan
 - Every three years we do a community health assessment. Nine partners from Chippewa and Eau Claire Counties participate in this assessment, including Healthy Communities. The health priorities from the most recent assessment were just released: mental health, alcohol misuse and substance use. Healthy Communities will now take this information from the health assessment process and use it

to create their Community Health Improvement Plan (CHIP). This is a three year action plan that details out goals and objectives, how we are going to address the health issues through programs, policies, etc. in our community. We will be working on this process of writing goals and objectives and seeing what other organizations are doing in the community throughout the summer and then have a finalized CHIP in the fall.

4. Mental Health Matters Grant

- a. Education group - have created a presentation to promote resilience. They are having a meeting today to go over the whole process from the organization requesting the presentation to evaluation.
- b. Mindfulness group- They choose two schools to receive Mindfulness training- Cadott and Eau Claire Memorial from Dr. Ann Brand. It's a two part process— they will receive the training and then a training to see how to incorporate the training in the school. Would like to build a community of practice around this as there is significant interest.
- c. Data group - Last strategy is around data. They will start with that as soon as they get the other initiatives more up and going. A team will be coming together to see how we can create change based on the data that we have.
- d. Brenda is starting to map out who has received information like QPR for youth, mental health first aid, etc. If you know of any youth-serving organizations that has received information like this before, please send to Brenda. Chelsie would have information about all the QPR trainings that youth have received.

5. 211 update

- a. Tom just talked with 211 last week. The county contributes funding to 211. In talking to them, they had come to recognize that the local face is very important. Tom shared about a grant opportunity with Marshfield Clinic.
 - Here is a clarification of the status of the grant from Trevor Begin, Marshfield Clinic.
 1. Mary and 2-1-1 are responding to an RFP to by Otto Bremer to essentially receive funds to help promote 2-1-1. Their proposal will be targeting 4 counties- Eau Claire, Chippewa, Dunn, and Pepin. Mary has inquired about my potential participation/assistance in being a part of this initiative as they would like to target individuals from those respected communities to help give presentations on 2-1-1 to local bodies. I have agreed that I am willing to discuss this potential and that the details would need to be ironed out from my leadership team as I would not be able to be paid directly for said services/participation. I have yet to receive/review an MOU and at this point the proposal is in the developmental stages to my understanding. I in no way shape or form will be receiving compensation from 2-1-1.

6. Flash Mob Recap

- a. What went well: Doodle poll went well to find the date. Time period was ideal. Got media coverage. Had people stop and join. Many people from agencies such as DHS joined, which was great. Choreography was good and fun.
- b. What could be improved: Had some miscommunication with signage. Plan this more in advance. 1 ½ hours was a long time to dance. Suggestion to incorporate dance team from schools. Would incorporate buy-in from the community. The North High Dance Team does a lot of events like this. Brook can help coordinate this. Continue to get groups of people from different organizations to attend—coordinate this via the action team. Could have information available with tables. Talk to CVS pharmacy management in advance- maybe they could put something on their electronic sign (and walgreens and country jam?). May have to look at different location if we expand.
- c. Link to the live interview-- <http://www.weau.com/content/news/Community-members-hope-to-raise-awareness-to-promote-mental-health--482330411.html>

7. No Wrong Door Policy Action Planning

- a. Watch Fox Valley NWD video clip- <https://www.youtube.com/watch?v=llxxKV6fU-I&feature=youtu.be>
- b. Activity: List 3-5 activities to have a successful NWD policy
 - Gina facilitated activity. Notes are attached.
- c. Timeline for NWD policy
 - See attached document with discussion notes.

8. Group activity: Cross reference resource directories with 211

- a. Postponed until next meeting when we start a sub team that looks at resources.

9. Next meeting: Monday, June 25th, 10-12pm in Room 302

MHAT Ground Rules

1. Listen actively-respect others when they are talking
2. Only one person speaks at a time-do not interrupt
3. Make decisions by consensus
4. Stay focused on the mission
5. Acknowledge that all bring value to the table
6. Follow through on action items
7. Silence and absence is consensus

Comments / Parking Lot:

*Please leave any comments on the table by sign-in sheet.
Thank you! Your Feedback is appreciated!*