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## **Chronic Disease Prevention Action Team Meeting**

May 21, 2018, 8:30 – 10:00 am

Eau Claire City – County Health Department

Room 302

Present: Sara Carstens, Barb Powers, Trevor Begin, Audrey Boerner, Chad Duerkop, Darryll Farmer, Jeannie Pittenger, Barb Powers, Celestee Roufs, Brittani Wold, Alicia Christenson, Nikki Poderels

### **MINUTES**

#### **1. Introductions and agency announcements**

- a. Lisa Wells shared about a survey. Wisconsin Women’s Council in partnership with the Wisconsin Family and Caregiver Support Alliance is looking for employers of all sizes to participate in a first annual survey- takes about 10 minutes, deadline is May 31<sup>st</sup>. Survey link: <https://www.surveymonkey.com/r/WICaregiving>.

#### **2. Reviewed March meeting minutes and confied today’s agenda**

#### **3. Workgroup Report Outs**

- a. *Food System- Group is working with Chippewa and Dunn County coalitions to complete an application for the HealthTide Wavemaker Rally. This will be an event hosted in the Chippewa Valley in August. We will send in an application for funding shortly, as the applications are accepted and approved on a rolling basis (and only 3 communities will be selected). If you are interested to be on the planning committee, please let Gina Schemenauer know.*
- b. *Healthy Community Design & Policy*
  - i. *State Street hill is due for renovation next year. Thinking about how the hill can be safer for biking and walking. Their walkability team is keeping their eye on this project and seeing how they can help move this forward.*
- c. *Worksite Wellness*
  - i. *Chamber’s Wellness Walk July 18<sup>th</sup> from 11:30 am-1:30 pm. Please encourage everyone to participate—always a ton of door prizes and a fun downtown event. There will be many routes to choose from and they will also have places around the downtown area with giveaways.*

#### **4. Healthy Communities Updates**

- a. Council Co-Chair
  - i. New Council Co-Chair is Dr. Mark Gideonson. The Council meets every other month on the 2<sup>nd</sup> Thursday—all are welcome to join.
- b. Community Health Assessment

- i. Community health assessment is being released shortly. It will be posted on the Healthy Communities website. The community identified (in order) mental health, substance abuse, alcohol misuse, mental health, chronic disease and obesity as the top health priorities. We will be starting to work on creating our new community health improvement plan in June and developing our goals/objectives for the next three years.
  - c. **Healthy Communities Annual Celebration and Award Winners**
    - i. Around 30 legislators, community leaders, Healthy Communities members and Board of Health members attended the Healthy Eau Claire Annual Legislative Event (happened before the celebration). Participants discussed how what we could do to shift the conversation to include prevention in Eau Claire County. This was a challenging topic to tackle in a short time, but groups had meaningful discussions and came up with great ideas.
    - ii. Over 75 community members attended the Eau Claire Healthy Communities Annual Celebration and learned more about the coalition. Each action team had a booth to better share and network with attendees.
    - iii. Kathy Mitchell and West Central Wisconsin Regional Planning Commission were honored as *Healthy Communities Champions* for their efforts to make Eau Claire County a healthier place in which to live.
    - iv. Attendees participated in a workshop on health equity presented by Sweta Shrethsa and Victoria Faust from the MATCH program, UW Population Health Institute. The workshop focused on learning common health equity language, discovering essential components to a health equitable approach, and discussing how to apply a healthy equity lens to Eau Claire health priorities. Please email [Healthy Communities](#), if you are interested to receive the PowerPoint.
  - d. **Active Aging in McDonough Park**
  - e. **Marilyn Skrivseth shared the following updates:**
    - i. Active aging in McDonough Park is going— thanks to the energy from this group—the community has really taken the energy and moved. Have many classes and activities that are arranged for the park, have measured out walking trails. Have people signed up for First Aid and CPR and AED training.
    - ii. Have park ambassadors that will welcome people to the park. Need to fundraise to complete the park- parking lots and paved roads. There will be something for everyone.
    - iii. Healthy Communities signed a letter of support to promote this effort. If your business wants to offer a letter saying that you support this effort, that would be appreciated; contact Marilyn Skrivseth, (see email below)
    - iv. Hopeful to get additional activities going in June. If anyone has ideas of who may partner with them or activities that would be helpful to have at the park. Any business or wellness event, they will find the instructors and help with equipment, just reach out. All activities will be handicap accessible.

- v. If you have any questions, please let Marilyn know. [skrivsm@uwec.edu](mailto:skrivsm@uwec.edu) They are looking for more senior volunteers to teach activities.

## **5. Walkability Institute Recap and Action Plan**

- a. Audrey, Chad and a few others recently went to Atlanta, GA to the Walkability Institute. This was led by top leaders in the community. They have a few action plan items: looking at State Street bridge, Walk to School programs, walk zone environment (environmental change)—ability to tell people that want to build in that area have to abide by the requirements (i.e benches, wide sidewalks). Learned many new strategies. The action plan that they created will help move them forward.

## **6. Wellness Break**

## **7. Workgroup Time**

- a. *Food System*
- b. *Healthy Community Design & Policy*
- c. *Worksite Wellness*

8. *Next meeting date: Monday, June 18, 2017, 8:30 – 10:00 am, Room G302*

9. Adjourn

You can find all minutes and agendas on our website located at [www.ehealthycommunities.org](http://www.ehealthycommunities.org).