



Mental Health Action Team Meeting

Monday, April 23rd, 2018

10:00am-12:00pm

Eau Claire City-County Health Department

Room G302

Present: Brook Berg, Allie Schriener, TJ Atkins, Nattie Marlaire, Tom Wirth, Barb Habben, Nicole Rubenzer, Kaylee Lyons, Danielle Haubrich, Bob Schrader, Dana Greicar, Christine Huth, Chelsie Smith, Gina Schemaneuer, Lauri Malnori, Shae Havner-Sierer

1. Introductions and information sharing
 - a. May 3rd - UWEC is hosting a [community event](#) at HSHS-Sacred Heart Hospital- Brook and Angie Weidman are facilitating the event May 3rd, 6-7:30pm.
 - b. Barb shared information from NAMI conference- [Circle of Care](#) Guidebook for Mental health caregivers was released.
 - c. NAMI-Fox Valley- 2-day training for [Children's Mental Health Providers](#) June 11 and 12th in Appleton.
 - d. Danielle shared that Tim Robertson is retiring July 31st. A new child psychiatrist starting July 1st. Dr. Schmidt continuing to accept new patients. Mayo still heavily recruiting for more adult psychiatrists.
 - e. This Thursday, April 26th The Wellness Shack will be partnering with UWEC to show "The Healing Voices" video at the Davies Center at 8-10 pm.
 - f. Dana shared the updated [Mental Health Resource Directory](#)
 - g. The Ripple Effect, Thursday May 10th 7pm at Oakwood Mall cinema Tickets online at: <https://gathr.us/screening/22918>
 - h. Rx take back day is April 28th at Marshfield clinic on Craig Road 10am-2pm.
2. Review minutes
 - a. No Changes
3. Updates
 - a. Healthy Communities Celebration (April 26th)
 - Celebration is this week at the Lismore
 - Community Health Assessment – Top health priorities will be announced at the celebration. Mental Health is in the top 5, come to celebration to learn where Mental Health ranks for our community.

4. Mental Health Matters Grant

a. The three subcommittees are working

- Education & awareness- working on presentation to provide to both Eau Claire and Chippewa Counties to discuss what others could do to help build children's resiliency. Close to launching and will be hosting a premier party.

1. If interested in becoming a presenter for this program, contact Brook as they would love to have more people trained.

- Mindfulness- working to train staff in schools and to incorporate mindfulness in the schools for students 6 schools applied to receive training. Applications have been reviewed through formal review process. 2 schools were selected to start implementing this program, one in each county. Schools will be notified and announced soon.

b. Advancing behavioral health summit- Tuesday June 5th in the Dells- Free of charge. Brenda will be presenting a breakout session at this conference. For more information visit www.mcw.edu/ahw

5. Flash Mob Planning

a. Ideas for signage (bolded = most voted and decided messaging)

- There is no health without mental health
- Mental health awareness
- I am a person, not a mental health problem
- Stop stigma- keep talking about mental health
- To be health as a whole, mental wellness plays a role
- Mental health: don't hide it, fight it
- **Mental illness- wellness**
- **Mental Health awareness- we care**
- Stigma=ignorance
- **¼ live with mental illness**

b. Create signage at the Wellness Shack-craft room 3pm on May 10th.

- Nattie is going to look into having signs made at CVTC printing, if too expensive; Trevor will pick up supplies and drop off at the Wellness Shack

c. Discussed "This is Me" song and dance-if anyone would want to learn this dance check out the [video](#).

d. Back up date: May 15th, 4-5:30pm in case of thunder/lightening/heavy rain. Light rain we will go on as planned on May 10th.

- e. If anyone would like a t-shirt, please email Shae.
 - f. Still looking for loud speaker, Shae will check in with Madeline about contact at Z-100
6. Discussion regarding continue to work with 211 and everyone checking their agency's information and updating as needed.
7. No Wrong Door discussion.
- a. Team agreed to move forward with No Wrong Door project. Discussion was had around creating a resource guide vs. using 211 as the main resource. Group decided to move forward creating a resource guide (using guides such as the ADRC directory and others) to create it, while also using 211 directory. This guide would mainly be used for No Wrong Door Trainings. Group will have to think about things such as how we maintain the directory and where it will be stored. Trevor shared that 211 will be going through updates, so group decided to keep in contact with 211 as they are moving forward.
- 8. Next meeting: Tuesday, May 29th, 10-12pm in Room 302—RESCHEDULED due to Memorial Day.**