



Mental Health Action Team Meeting

Monday, March 26th, 2018

10:00am-12:00pm

Eau Claire City-County Health Department

Room G034

Present: Tashai Atkins (Health Dept), Trevor Begin (Marshfield Clinic), Brook Berg (UW Extension), Dana Greicar (ADRC), Barb Habben (NAMI- Chippewa Valley), Shae Havner-Sierer (DHS), Kaylee Lyons (AmeriCorps), Jackie O'Brayn (DHS), Kristine Parkins (Children's Hospital of WI), Madeline Kelley (DHS), Victoria Larsen (LSS/AmeriCorps)

Minutes

1. Introductions and information sharing (2 mins)
 - a. Brook shared the Brain conference will be held Tuesday, April 10th.
2. Review minutes (2 mins)
3. Updates (13 mins)
 - a. May Action Team meeting-Memorial day (Berg/Havner-Sierer)
 - Meeting will now be held on May 29th. Location TBD.
 - b. Action Team Survey Results (Berg)
 - Feedback in general was good. Everyone is welcome to speak with co-chairs, Chelsie, or Gina about any questions, comments or concerns about meetings.
 - c. Action Team Highlights (Berg)
 - High-Risk Drinking- Working on creating materials for April awareness month.
 - Oral Health- Getting together a dental study club. Had an inter-professional event, hoping for a better turnout for the next meeting.
 - Chronic Disease- Received 6 month extension for Healthy C-store project. Working on policies around worksite wellness. Also working on a walking and biking campaign.
 - Healthy Relationship Promotion- Getting resources together for a toolkit that will be for youth serving professionals. Working with Amped Health Advocates to plan a "Consent Is..." campaign for Sexual Assault Awareness Month.
 - At council meetings we are able to make "asks" of the group. Everyone is welcome to have suggestions from this group.
 - d. Healthy Communities Celebration (April 26th) and Champion Award (Berg)
 - Dana Griecar and Xee Xiong, volunteered to man the MHAT booth.



- Action Team Table
 - Flash mob materials, qpr flyers, Navigating mental health guides, ADRC resource guides, annual report page, NAMI brochures, Mental Health Matters flyer.
- e. Community Health Assessment (Berg)
 - Nearing the end of completing the CHA. In May the new health priorities will come out. Action team planning will take place after this.
- 4. Mental Health Matters Grant (3 mins)
 - Education and awareness- Working on a workshop for youth serving professionals in the community to focus on youth resilience. Sent to the peer review.
 - Mindfulness- Applications for schools with mindfulness are due 3/30 for the 2018-2019 school year.
- 5. Community Connections Program Expansion- Trevor Begin (45 mins)
- 6. Group activity: Cross reference resource directories with 211 (25 mins)
 - a. Assign people with getting information added/updated
 - Tabling for now
 - Add a standing agenda item to send in information to 211 to improve the search efficiency
- 7. Flash Mob Planning (30 mins)
 - a. Date- TBD, doodle poll ends tomorrow, date will be sent out ASAP
 - 5/10 there will be showing of 'Suicide: The Ripple Effect' at 730pm (website), the flash mob could be held before this, 26 tickets left
 - b. Message- Fitness #4Mind4Body
 - c. WEAU April 17th 4pm interview
 - d. Other
 - Tshirts will be the same as last year and available to those who did not purchase one last year, price will depend on how many are sold
 - Emily Carlson will lead the flash mob dancing again
 - Instead of several individual signs, there will be a united signs sharing one joint message (will help to make it more like a flash mob and not a protest)
 - What goes on the signs will be chosen at the next meeting, come prepared with ideas
 - A rain day would be a good idea to schedule



Eau Claire
Healthy Communities

Phone: (715)-839-2869

Website: www.ehealthycommunities.org

Email: healthy.communities@co.eau-claire.wi.us

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- Plan is to meet at the CVS and depending on the amount of people we can spread out
 - Facebook event could be created
 - Need to improve sound/speaker situation
 - Madeline will check with z100 truck