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## HEALTHY COMMUNITIES COUNCIL MEETING MINUTES

March 8, 2018

County Courthouse – Room G034

**PRESENT:** Kate Banchy (Spectrum Insurance), Brook Berg (UW-Extension), Rhonda Brown (HSHS St. Joseph's), Sara Carstens (Mayo Clinic Health System), Cortney Draxler (Health Dept), Jennifer Eddy (Board of Health), Mark Gideonsen (Prevea Health), Lieske Giese (Health Dept), Kaylee Lyons (Health Dept), Craig Monson (YMCA), Sarah Pedersen (Smiles for EC County), Barb Powers (Community Member), Scott Rogers (EC Chamber of Commerce), Gina Schemenauer (Health Dept), Chelsie Smith (Health Dept), Lisa Wells (ADRC), Katie Wilson (UW-EC), Tom Wirth (DHS), Kaying Xiong (ECASD), Sarah Driever (Hmong Mutual)

Driever welcomed everyone to the meeting. A bit of a different set up today as we are trying something new to see if the flow and small group discussion works better.

Meeting called to order at 7:32 A.M. by Co-Chair, Driever

### Welcome and introductions.

#### Announcements:

- Berg – the Brain Team will be holding their annual conference on April 10<sup>th</sup>. If you would like to receive the invitation for this event, please see Berg after today's meeting. This conference will be talking about the resilience of families and inter-generational trauma and compassion fatigue. Cost is \$70.
- Wells – Senior Americans Day will be held at UW-EC on June 5<sup>th</sup>. Last year over 500 people attended.
- Wells – Stand in the Light Memory Choir has over 40 members including people with dementia and their family members. Last November there were 350 people who attended. There will be an upcoming concert. Please see Wells for more information.
- Wells – ADRC is partnering with Mayo Clinic. In May, they are bringing forward the play "Steering into Skid" which is about a driver going through stages of dementia. This is a pretty powerful play which will also include a dinner. Please see Wells for more information.
- Monson – The new director for the YMCA has started. Fun changes are happening. Healthy Kids Day will be held April 21<sup>st</sup>.
- Draxler – Leadership Eau Claire is working with the Autism Society of the Chippewa Valley to increase autism awareness. Will have the bridge lit up blue at 8:00 p.m.
- Banchy – Teen car control class is a joint effort with Mayo Clinic and CVTC. This class includes coaches with cars and newly licensed drivers to help them learn how to deal with an adverse situation. Will be happening soon. Looking for volunteers at the event.
- Rogers – The Chamber has an award program for members who have wellness programs for their employees. The next gathering will focus on talking about caregiver support.
- Rogers – mark your calendars for the annual Wellness Walk which is scheduled for July 18<sup>th</sup>.
- Giese – The first full week of April is Public Health Week. Watch for more information on this. Giese thanked everyone for all the public health work they do.

### AGENDA #2 – Review and approve November minutes:

Driever briefly reviewed the newly adopted meeting cancellation policy. If Eau Claire schools are closed or delayed due to a weather event, then various Healthy Communities meetings will be canceled if it falls during the meeting time. If the Eau Claire schools have a scheduled day off, then we will refer to the Chippewa Falls school district.

Minutes from November were reviewed. BANCHY/BROWN MOTIONED TO APPROVE THE NOVEMBER MINUTES AS DISTRIBUTED. MOTION CARRIED.

### AGENDA #3 – Review agenda:

Today's agenda was reviewed.

Hoarding task force presentation will take place at the May meeting.

### AGENDA #4 – Update on progress from last Council Meeting: Healthy Communities Celebration/Legislative Event:

Schemenauer – Annual Celebration and Legislative Event is scheduled for April 26<sup>th</sup>. This is our 5<sup>th</sup> year. This year's Celebration will include tables which will highlight each Action Team where attendees can visit each table to learn more about what each Action Team does. This may also help with increasing membership. Workshop for the Celebration is around Health Equity with staff presenting from UW-Population Health Institute. Celebration will begin at 5:15 at the Lismore Hotel. Invitation will be sent out soon.

Draxler – Legislative Event will have Action Team Co-Chairs along with Council members in attendance. Legislative Task Force is in the process of planning. If you are interested in helping plan, connect with Draxler.

#### **Healthy Communities Champion Award:**

Schemenauer - The Champion Award will be given to an individual and an organization doing extraordinary work in the health areas of Healthy Communities at the Celebration. Currently looking for people to submit nominations of an individual or organization who has worked to improve health in our community. Nomination form will be sent with the minutes.

#### **Health Department Accreditation Celebration Today:**

Giese – The Health Department. is now a nationally accredited Health Department. Thanked all community partners and staff for their excellence. A celebration will be held at noon today in G034 of the Courthouse from noon to 1:30.

#### **Council Co-Chair Nomination:**

Driever – reviewed the handout outlining the Council Co-Chair position description. Mel would like to finish his term and step down and give someone else the opportunity to co-chair. Position description will be attached in minutes. Please let Driever or email [healthy.communities@co.eau-claire.wi.us](mailto:healthy.communities@co.eau-claire.wi.us) if you are interested to run for the position.

#### **Agenda #5 – Approve 2017 Healthy Communities Annual Report:**

Driever – Annual Report handout – This is a good tool to use when talking to connections and asking them to join the Healthy Communities membership. Time was given to review the document. BANCHY/POWERS MOTIONED TO APPROVE THE ANNUAL REPORT. MOTION CARRIED. The Annual Report will be posted on our website and sent out electronically as well. A big thank you to all the Action Teams for their contributions and work on the Annual Report throughout the year. What the Action Teams do is very powerful.

#### **Agenda #6 – Action Team Highlights:**

This is an opportunity to share your “asks” of the Council.

#### **High Risk Drinking:**

Wilson – A letter of support is being put together to be sent to the City Council for the Public Good Order Ordinance. Components of the Ordinance were shared. The Ordinance will more than likely be postponed until May. There will still be a listening meeting Monday, March 12<sup>th</sup> at City Hall. Eddy – UW-EC students see this as a bit punitive, but there are built in opportunities to reduce fine if the student takes an alcohol awareness class.

April is Alcohol Awareness Month. There will be a social media campaign along with continued work towards strong relationship with City Council members.

#### **Oral Health Promotion:**

Pedersen – Second Inter-Professional event was held last week. Dental and medical providers came together to talk about referral networking for pregnant moms. There was a lot of good discussion. Hopefully a standard referral form will be developed to use. On March 15<sup>th</sup> Drug Misuse Prevention will take place. Speakers will be talking Opioid abuse. There will also be representatives from the Police Dept and the dental community.

#### **Chronic Disease Prevention:**

Carstens – **Food Systems** is working with Dunn and Chippewa Counties. The State awarded an extension for the FNV program to continue. The next step is to move into the rural communities where there are more in poverty and working poor. **Design & Policy** recently finished Health Impact Assessment. A team will be headed to the Walkability Institute in April. Information will be brought back on how to make Eau Claire more walkable.

**Caregivers in the Workforce** workplace wellness learning circle will be held on April 25<sup>th</sup>. Looking at what else could be done in our parks to engage older adults.

### **Healthy Relationship Promotion:**

Hinz – Still working on Healthy Relationship resource toolkit which can be used by anyone who has a young person in their life.

April is Sexual Awareness Month. Working with a group of high schoolers to do What Consent is Campaign and what healthy consent looks like. Also trying to get the bridge lit up. Look for more information to come.

### **Mental Health:**

Berg –Continuing work on No Wrong Door Policy. Will need some sort of directory or resource guide to give people who are working the front lines. Met with 211 via phone to talk about how our community can better partner with 211 and how people can better be referred. **ASK – go to your organization on 211 to make sure the information is correct.** Trying to figure out a way to keep 211 updated, accurate, and user-friendly for everyone.

QPR classes continue.

May is Mental Health Awareness month. Since the Flash Mob last year received so much press, another flash mob will happen. More to come on this.

### **Discussion:**

Reminder – updates from ATs are on the reporting forms. Also you can visit our website to see about meetings/minutes agendas and other info.

### **AGENDA #7 – County Health Rankings:**

Giese –handout – UW Madison population health institute started county healthy rankings years ago. Now every county in the nation is done. Every county is ranked in their own state. This is last year's data. The Health Dept will be doing a press release on this next week. Watch for more information on this.

### **AGENDA #8 – Community Health Assessment:**

Dillivan-Pospisil – Shared power point on Community Health Assessment and how rankings were determined. Reviewed history of CHA. Every three years, a multi-county team comes together to put information together and decide how to move forward with health priorities. There have been community discussions to talk about what to do with the data in the top five areas. The 20 Council members in attendance today were asked to vote on their top three choices. The following reflect the top three choices (in no particular order) Substance Use, Mental Health, Chronic Disease Prevention and Management.

### **AGENDA #9 – Build next Council agenda:**

- Forward ideas for the July Council agenda to Schemenauer/Draxler or e-mail [healthy.communities@co.eau-claire.wi.us](mailto:healthy.communities@co.eau-claire.wi.us)

### **Ideas for future agendas:**

- Community Mobilization – United Way
- Complete Streets
- Follow-up on sessions from the Poverty Summit
- UWEC literature review group

### **AGENDA #8 – Adjourn:**

MEETING ADJOURNED 8:55 A.M.

You can find all minutes and agendas on our website located at [www.ehealthycommunities.org](http://www.ehealthycommunities.org).

NEXT MEETING DATE: May 10, at 7:30 A.M., Room G034 of the County Courthouse.

Respectfully Submitted by:

Joanie Klimek