



Mental Health Action Team Meeting

Monday, February 26th, 2018

10:00am-12:00pm

Eau Claire City-County Health Department

Room G034

Present: Tashai Atkins (Health Dept), Jill Bauer (Health Dept), Trevor Begin (Marshfield Clinic), Brook Berg (UW Extension) Jodi Bright (Mosaic Counseling Group), Heidi Garborg-Mueller (Community Member), Danielle Haubrich (Mayo Clinic), Christine Huth (Community Member), Kaylee Lyons (Americorps), Natti Marlaire (CVTC), Peggy O'Halloran (Health Dept), Nicole Rubenzer (United Way), Gina Schemenauer (Health Dept), Madeline Kelley (DHS), Christy Jordan (Student), Alli Schreiner (Student), Xee Xiong (ECC)

MINUTES

1. Introductions and information sharing

- a. Members shared a success/challenge of 2017 or what you look forward to in 2018 for MHAT.

2. Reviewed minutes

3. Updates

- a. WEAU Interview with CDPAT/HRDPAT- Combined action team work
 - Gina shared an interview that was completed at the end of 2017 by the Chronic Disease Prevention Action Team and High Risk Drinking Prevention Action Team.
- b. Healthy Communities Celebration – April 26th, 5:15-7:30, Lismore Hotel
 - The Celebration is happening on Thursday, April 26th. We will be having a speaker from the UW Population Health Institute around health equity. Please rsvp and invite people in your networks to attend.
<https://www.eventbrite.com/e/eau-claire-healthy-communities-annual-celebration-health-equity-workshop-tickets-41963359538>
- c. Healthy Communities Champion Award
 - Two Healthy Communities Champions awards are given every year, one to an agency and one to an individual who champion health improvement work in the Eau Claire County community. We are still accepting nominations. The form is available on the Healthy Communities website. www.ehealthycommunities.org
- d. Meeting Cancellation Policy
 - In case of inclement weather, we will refer to whether Eau Claire Public schools is closed, in which case the MHAT meeting will be cancelled. If Eau Claire public is scheduled to be off anyway, we will defer to the Chippewa Falls school district.
- e. Community Health Assessment
 - Community Conversations. We are having meetings around the community now. Please pass along this opportunity for people to participate in these

meetings. They can learn about local health data and help to inform how we prioritize the health needs of the Eau Claire community.

4. Mental Health Matters Grant

- a. Brenda provided update of Mental Health Matters project.

5. 211 Presentation

- a. 211 is a database of resources for the Western Region. Database includes mental health and AODA resources. These areas are the largest numbers of calls. Chat and texting are also available. Database is online and available to anyone at any time. General service for resources. Being there for people and listening are primary roles for 211 staff. Clients are provided referral information to contact the service. Database of health and human service information. Extensive mental health resources we have collected on another project.
- b. Primary question from MHAT is how adaptable the database is. We would like a common database that all providers could use when implementing no wrong door policy. Looking at trying to develop a comprehensive database for this purpose. Would like it to answer several questions.
- c. Barbara shared that an annual update is done of agencies and agencies listed on 211. (Agencies can also contact them throughout the year when they have a change.) The annual update is an automatic process that goes through the system. Eau Claire's update is usually done in mid-to-late summer. If the contact listed in the 211 system isn't at the agency anymore, then the email would bounce back to them and they would make the call to see who the new contact would be. Agencies can call 211 to see if they want to change the contact. 211 states they do see a 100% update every year in Eau Claire County- meaning a contact has been completed. Another thing that could be done to enhance the agency information listed on 211 is to go onto website and look at your agency to see if you have any further updates to add to it.

6. Continued Conversation on Resource Directory

- a. Group discussed that there shouldn't need to be tricks for the consumer to do a search.
- b. 211 seem to lack listing some of the resources in rural areas. Barb and Mary try to verify all. Hope we can work to make it better.
- c. Trevor is working closely with 211 to make changes for his program. He's shared that the programmer is fairly hard to get in touch with for 211.
- d. Group discussed that the most effective way to ensure the database is up to date is for the agency to contact 211 to request a change.
- e. To do for each organization:
 - Ask our agencies to see who the contact is for our organization
 - Look at how our organizations show up in a search
 - Look to see what other organizations/information is missing from a mental health search
 - Mary will send over key search terms. Make sure your organization is under these key terms.
- f. Trevor is on the docket for next month to share tips and tricks of using 211 website.
- g. Group discussed if there was a way that we can help support 211 if people are trying to use it, but also have something else that gives more details around mental health

services available in our area. We have the UW-Extension Resource directory and Chippewa valley mental health resources and services guide.

h. Group also discussed if there was some way that we can document the need for directory and the barriers we are experiencing so we could use this data for future grant funding.

7. May is Mental Health Month

- a. Last year, the group completed a flash mob on Hastings way by Walgreens. The group discussed doing this again. Thought it was a well-received event. People felt very supported and validated from the event.
- b. Everyone bring their calendar to the next meeting. Need to pick a day in May.
- c. Will finalize details next time, but talked through suggestions. Need to talk to Chelsie about t-shirts for this year. Would do a shorter time period or earlier. 4:30-5:30. Received much media (TV and social media) on the topic. Would promote more to invite friends and family. Group discussed about how to look not like we are protesting with our signage. Brook suggested to use sticks and have one word on each sign to write out a sentence. Also—good to invite consumers.

MHAT Ground Rules

- 1. Listen actively-respect others when they are talking
- 2. Only one person speaks at a time-do not interrupt
- 3. Make decisions by consensus
- 4. Stay focused on the mission
- 5. Acknowledge that all bring value to the table
- 6. Follow through on action items
- 7. Silence and absence is consensus

Comments / Parking Lot:

*Please leave any comments on the table by sign-in sheet.
Thank you! Your Feedback is appreciated!*