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## **Chronic Disease Prevention Action Team Meeting**

February 19th 2017, 8:30 – 10:00 am

Eau Claire City – County Health Department

Room 302

Present: Kate Banchy, Trevor Begin, Audrey Boerner, Chad Duerkop, Darryl Farmer, Ned Noel, Celestee Roufs, Brittany Wold, Jamie Hoover, Sara Carstens, Barb Powers, Alyssa Streveler, Marilyn Skrivseth

### **MINUTES**

1. Introductions and agency announcements
  - Senior American's Day planned at UWEC in June 2018.
  - UWEC Shamrock Shuffle coming up on March 10<sup>th</sup>. Early registration is due Feb 21. A stroller friendly course, 1K and 0.1 K "toddler" for kids under 2 years old is planned
2. Sara Carstens reviewed the meeting minutes from December. The January meeting was cancelled due to weather.
3. Workgroup Report Outs
  - a. Food System – The team received a 6-month extension for funding for the Healthy Corner stores project to promote fresh produce. The work will extend into Chippewa County for the first time. Partners include UW-Extension, health departments, and county health coalitions.
  - b. Healthy Community Design – A team made up of Jason Duba, Audrey Boerner, Ned Noel, Leah Ness, Chad Duerkop and Terry Weld were selected to participate in the NACCD Walkability Institute in Atlanta in spring 2018. This team is still considering pursuing the Walk Your City Campaign, but it may be wrapped into the policy/system work of the Walkability Institute team. Barb highly recommends the America Walks webinars for content and ideas for walking infrastructure and programs. Regional planning is working to get a position that would coordinate safe routes to school among the areas school districts. The Safe Routes work that began last year is wrapping up now.
  - c. Worksite Wellness – The Chamber's February Learning Circle included two presentations: "Where Safety and Wellness Intersect" by AJ Sherman and "What are you tracking? - Participation versus Engagement" by Celestee Roufs. Approximately 30-35 participants attended.
4. Healthy Communities Updates

- a. Action Team Highlights – The co-chairs will work to update this group on a regular basis if there is work in from other Healthy Communities action teams that are relevant to CDPAT.
  - b. Community Health Assessment – Community Conversations. We are having meetings around the community now. Please pass along this opportunity for people to participate in these meetings. They can learn about local health data and help to inform how we prioritize the health needs of the Eau Claire community.
  - c. Celebration Planning Committee – Gina Schemenauer is heading up this group. We are looking for one volunteer from CDPAT to participate in this planning committee.
  - d. Healthy Communities Champion Award – Two healthy communities awards are given every year, one to an agency and one to an individual who champion health improvement work in the Eau Claire County community.
  - e. Complete Streets letter of support – The letter was received by the Engineering Division and was forwarded to the City Engineer. The Bike/Ped Advisory Committee meets this week and will have a Complete Streets discussion.
  - f. Meeting Cancellation Policy – refer to whether Eau Claire Public schools is closed, in which case the CDPAT meeting will be cancelled. If Eau Claire public is scheduled to be off anyway, defer to the Chippewa Falls school district.
5. Action Team Survey Results
- a. Social Media – this will be deferred to a broader discussion in March. There was a general consensus among all of the action teams that more media exposure would be a benefit to the Healthy Communities cause.
6. Presentation- Active Aging in the Chippewa Valley - Marilyn Skrivseth
- a. This connection was initiated with Parks and Recreation division. 80+ is not too old to stay active! Pickleball (McDonough Park) is a great sport that has recently become very popular in the Chippewa Valley and provides a strong social network for individuals. Mall walking is also popular and a great way to safely get physical activity during icy seasons. New playgrounds should include equipment also for adults to work on flexibility, balance, and strength. Active lifestyles help with weight loss, mental health, and overall wellness at all ages.
  - b. Huntsman World Games (<https://seniorgames.net/>) are a nationwide competitive event for seniors that also include screenings for chronic disease, cancer, and other potential health issues. Relationships are very important to help seniors to try new activities. Can we have a Super Senior Fun Fest in the Chippewa Valley that could include the educational component of different activities (Kubb, dancing, pickleball, CPR/AED) and contain a screening/vaccine component?
7. Workgroup Time
- a. *Food System*
  - b. *Healthy Community Design & Policy*
  - c. *Worksite Wellness*

8. Next meeting date: Monday March 19<sup>th</sup> 2017, 8:30 – 10:00 am, Room G302

*a. Next meeting: Let's discuss Active Aging as an agenda item to further this conversation.*

9. Adjourn

You can find all minutes and agendas on our website located at [www.ehealthycommunities.org](http://www.ehealthycommunities.org).